



Solglimt Newsletter



Palm Desert

Editor: Steinar Johansen

December 2010



Merry Christmas



Ord fra Presidenten

The Christmas season is upon us, and I hope you'll have a chance to fit Sons of Norway into your plans. Our social will again be a fine traditional Norwegian dinner put by our own members. The Christmas party flyer was in the November newsletter. Make sure you make your reservation right away, as the meat will be purchased on December 4. Call if you need another flyer. Take in some of the other activities this month, as well. See the lodge calendar inside for further details. Sons of Norway provides fun, fellowship, and heritage. Please join us.



Most of my Norwegian heritage memories stem from Christmas time. The lefse, lutefisk, krumkake, sandbakkles, and other Norwegian goodies were generally only Holiday faire. Christmas is when we were more special than, say, the Germans, the Italians, and other ethnicities. Well, maybe not more special, but definitely different, especially the lutefisk part.

Christmas is a time for reflection, family, friends, and traditions. What are your traditions? What traditions have you passed on to your children and grandchildren? If you haven't already done so, pass on a little of your heritage either in the form of a Norwegian recipe and cookware, a song, a book, a heart basket tree decoration, or an heirloom or craft. There are many Scandinavian on-line shopping opportu-

nities. Try e-bay to find a Norwegian sweater. But tradition is much more than what you can buy; it's the table prayer you always say, it's the songs that are song, it's the church service you attend, it's the family getting together, and the memories that are in your heart.

God Jul og God Nytt År.

*Fraternally,
Nancy Madson*



Folk Dance

Monday, Dec. 6, 2010 at 5:30

The Dance has moved to the club house at Date Palm Country Club. Come and join us there for some easy and fun dance.

**Contact Steinar, 760-898-3340
for more information**

Solskinn Lodge's Events

December	6	Date Palm Country Club	5:30 pm. Folk Dance. Info on page 1.
December	10	Jackalope Ranch Restaurant	11:30 am. Norwegian Lunch Bunch 760-699-7436 for info.
December	11	Hope Lutheran Church	5:30 pm. Christmas Party. Flyer available at www.solskinn.org
December	14	Nancy Madson's Home	4:30 pm. Info at the bottom of this page.
December	16	Renaissance Esmeralda	5:30 pm. Supper Club. Info at Page 7.
December	20	Date Palm Country Club	5:30 pm. Folk Dance
January	2	At Luella Grangaard	11:00 pm. Hardanger Class. Call Luella; 760-363-7704
January	3	Date Palm Country Club	5:30 pm. Folk Dance
January	7	Palm Green Cafe	11:30 am. Norwegian Lunch Bunch 760-699-7436 for info.
January	9	Nancy Madson's Home	1:30 pm. Music Appreciation Group. Info: 760-343-0848.
January	11	Nancy Madson's House	4:30 pm. Board Meeting.

December Birthdays

7	Bell Glenn M
7	Tovar Jessica M
11	Oakland Bill E
21	Bjerke Jack
23	Ryan Gail F
23	Scott Anne Lise
24	Bjerke Corinne J
26	Larsen Charlotte A
26	Ward Yuli
30	Swanson Mary A
31	Ekvall Matthew

Hurra for deg som fyller ditt år, ja deg vil jeg gratulere.

Alle i ring omkring deg vi står, og se, nå vil vi marsjere.

Bukke, nikke, neie, snu oss omkring, danse for deg med hopp og sprett og spring, ønske deg av hjerte alle gode ting og si meg så, hva vil du mere?

GRATULERE!



Business/Board Meeting

Tuesday, Dec 14, 2010 at 4:30

At Nancy Madson's home in Thousand Palms
All board members should attend; any member may attend as a guest. 760-343-0848 for directions

Please RSVP to Nancy

Events Beyond our Valley

February 2011	12	Meza AZ	Arizona Krettsstevne
February 2011	19	Yuma AZ	Yuma Scandinavian Festival. Sola Lodge 6-168



David and Carol Foster and Carol's mother, Dee, visited Solskinn Lodge on November 20. They traveled from Las Vegas to present a program, "Peggy Lee, my famous Norwegian-American Grandmother." The video program showcased Peggy Lee's life and her singing and songwriting talents. We saw other celebrities, heard numerous hits, and learned of her decades long career. Thanks David for sharing this program with us.



Holiday Book Review

Keeping Christmas Yuletide Traditions in Norway and the New Land by Kathleen Stokker

Why do Norwegian Americans eat lutefisk at Christmas? This is a question I have often asked since I was a child in Wisconsin on Christmas Eve at my Grandma and Grandpa Grangaard's house. Why would a smelly gelatinous fish be so loved by my Grandparents and uncles? Was the food in Norway really that bad? This book enlightens the history, facts and fiction regarding the celebration of Advent though Epiphany and the Christmas traditions. Stokker reviews the traditions in Norway and here in American.

Excerpts from the book: "Lutefisk . . . provides a reminder of fasting during Advent and the difficulties overcome by immigrants. Marzipan pig is a reminder that the season of festive consumption began in Norway with the fall slaughter, which provided a rare chance to eat fresh meat. The nisse, benevolent farm spirit, was given a bowl of porridge at Christmas time to thank him for his protection during the preceding year and to ensure its continuation in the year to come. Norwegian Americans did not invent Norwegian flags on the Christmas trees; strings of flags were first used on Norwegians' trees in the early 1900s, as the country gained independence.

The book can be found at www.Amazon.com, or while looking for items for your Christmas feast check out www.scanspecialties.com.

*Happy Holidays,
Luella Grangaard*



760-346-6222

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Palm Desert, CA 92260

Fax 760-568-3907

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Scandinavian Gift Shopping

Here are some shopping locations to purchase the perfect gift.

www.vesterheim.org

This web site has a museum store. You can purchase cooking items, music, books, art supplies and in addition, many Scandinavian novelties. Purchases from this web site support the Norwegian American Museum, Vesterheim in Decorah, Iowa. This is where I purchased my heart waffle maker that has an automatic timer and the waffles are perfect every time.

www.ingebretsens.com

This website has many choices for food, music, crafts, house wares, jewelry, books and novelties.

www.houseofjacobs.com

or you may order by phone 888-688-7404. This company makes lefse. A family value pack for 5# of lefse is \$35.00. However you need to pay for overnight shipping. I have had family members send me the 4 pack of 3 lefse rounds as a gift. It is pretty good. I also purchased my lefse making equipment from this company

www.amazon.com

Here you can search for Scandinavian books and music. I do caution you on some of the purchases. If the item is coming from a vendor associated with Amazon, it means the item may be coming from Europe and the delivery date maybe delayed.

www.nordicneedle.com

This is the site for Hardanger supplies and kits. You can also call for a catalog at 800-433-4321.

www.nordichouse.com

This website has food you can order as well as some books, clothing and gift items. This store is located in Berkley so overnight food items would arrive quickly.

There are a few vendors locally, meaning over an hour's drive away, that carry Scandinavian products.

The Little Viking

is located in Temecula. The address is 28480 Old Town Front Street Temecula, CA 92590-1816, phone 951- 676-6800. However they are only open Friday, Saturday and Sunday.

www.ikea.com

The closet IKEA is located in Covina at 848 South Baranca Avenue, Covina, CA 91723, phone 626 - 732-453. They have a food market that carries Scandinavian food items. Also at Christmas, they have imported holiday decorations, napkins and candles.

www.alpinevillage.com

The Alpine Village is located at 833 W. Torrance Blvd., Torrance, CA 90502, phone 310 -327-4384. This is where the meat for our lodge Christmas dinner is purchased. In addition, the market has imported food mainly from Germany, but you can find some Scandinavian items including large blocks of gjetost cheese. Also there are a number of Scandinavian gift shops in the same complex.

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*Happy Holidays,
Luella Grangaard*

Lise Scott's Vafler (Waffle) recipe

This is the recipe I used to make the heart shaped waffles at our movie and brunch.

4 eggs

1 cup real sour cream

¼ cup melted butter

¼ cup sugar

1-1/2 cup flour, start with 1 cup

1 tsp. baking powder

½ tsp cardamom

Mix all wet ingredients and sugar. Whisk in flour mixed with baking powder and cardamom. Start with 1 cup of flour then add a little more if needed. The trick - do not have too much flour because that makes the vafler more compact. The batter should be like a medium pancake batter.

Luella Grangaard

Cultural Activities Updates

Rosemaling Success!

On November 6, the rosemaling group attempted their first project, a Christmas ornament in the Telemark style. Nine lodge members attended. Four members hadn't been at any of the previous classes so you can join in anytime. Class participants practiced strokes, back grounded the wood piece to prepare it for painting and transferred the design. Some participants went on to mix paints and complete their projects. Congratulations to Cheryl Jensen and Carol Curtis, our first members to complete a project, the Telemark Christmas bell, in this new culture skills group. Connie and JR Fleischner joined the group to complete rosemaling pieces they had started in the past.

These classes are for you to learn and experience our heritage. They can be whatever you want them to be. Please join us. Our next class is planned for January 29, time and location to be arranged. For further information please contact Luella Grangaard 760-363-7704 or morongo2@verizon.net.

Music Class

This group continues to work on level one of the Norwegian Cultural Skills Music Program which focuses on folk music of Norway. This month the group listened to a CD by Sissel "Glade Jul." This CD is a collection of traditional Christmas songs in Norwegian. The class participants followed the music with some English translations and are beginning to learn to read basic Norwegian. In addition the class practiced three Norwegian songs to help us all sing at our Christmas party.

There is a make-up class, if you would like to complete the above listening, on December 5th 1-2:30 PM. Please RSVP Nancy Madson at 760-343-0848.

The next class is on January 9th. Our listening will be Norke Middelalderballader -playing Norwegian medieval music. These are ballads that have been passed on through oral-tradition. Mark your calendar for this interesting music opportunity.

Dance class

This is ongoing; please watch the calendar and our website www.solskinn.org for dates, time and location.

Hardanger and fiber arts

This class is on going but now some ladies have started knitting. Please join us.

Wood carving

I am interested in starting a wood carving group. This group will look at figure and relief carving as well as chip carving.

Genealogy, Literature and Cooking Culture Skills

Are interested in any of these cultural skills? There are members working on these skills. I can connect you with someone to talk with and work with.

Contact information for any of the above - Luella Grangaard 760-363-7704, morongo2@verizon.net.

Supper Club Pictures

We had a good group again at our Solnedgang, held at the BackStreet Bistro on El Paseo. We had a full, long table. The restaurant donated a beautiful 3-candle centerpiece, which was won by Doreen Karlsen. Last month we met at the Thai Kitchen in Cathedral City, and a good time was had by all.





The Editor



Ingrid Kristiansen



John Strom



Alan Murdoch



Miriam Hendrix



Juinelle Person



Shirley Severtson



Berit Reistad

Solnedgang (sunset) Supper Club

will be at the:

Cava in the Renaissance Esmeralda.
44-400 Indian Wells Lane
Indian Wells.

Thursday, December 16, 5:30 P.M.

The price is \$14.95 for soup and salad buffet, soda tea or coffee and dessert.

Please RSVP to:

Miriam Hendrix: 760-320-9244

Junelle Pearson: 760-771-9711



Pepper Cookie Christmas Town

Johannes evangelium, kapittel 3 vers 16

“For så høyt har Gud elsket verden, at han ga sin Sønn, den enbårne, for at hver den som tror på ham, ikke skal gå fortapt, men ha evig liv.”

English

John 3:16,

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.”



Miriam Hendrix, Shirley Severtson

Glade jul

This is a Norwegian version of the popular and well-known Christmas carol, Silent Night, which was originally written in German. It was translated into Bokmål by B.S. Ingemann in 1850, and from Bokmål into Nynorsk by Bernt Støylen in 1905.

Glade jul (Bokmål)

Glade jul, hellige jul!
Engler daler ned i skjul.
Hit de flyver med paradiset grønt,
hvor de ser hva for Gud er skjønt.
Lønnlig i blant oss de går.
Lønnlig i blant oss de går.

Julefryd, evig fryd,
hellig sang med himmelsk lyd!



Det er engler som hyrdene så,
dengang Herren i krybben lå.
Evig er englenes sang.
Evig er englenes sang.

Fred på jord, fryd på jord,
Jesusbarnet i blant oss bor.
Engler synger om barnet så smukt,
han har himmeriks dør opplukt.
Salig er englenes sang.
Salig er englenes sang.

Salig fred, himmelsk fred,
toner julenatt herved.
Engler bringer til store og små
bud om ham som i krybben lå.
Fryd deg hver sjel han har frelst!
Fryd deg hver sjel han har frelst



Solskinn Lodge Officers - 2010

President	Nancy Madson	343-0848
Vice President	Steinar Johansen	898-3340
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Asst. Social Director:	Luella Grangaard	363-7704
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Stamp Chairman:	Lois Strom	568-3483
Tel. Tree Chairman:	Donna Lenander	365-6886
Historian:	Marie Maher	346-2066
Musician:	Louise Selle	863-4898
Auditors:	Bob Haagenson	324-3992
	Glenn Bell	340-3985

Solskinn Lodge

Traditional Norwegian Christmas Dinner Party

Saturday, December 11, 2010

Reservations by Dec. 7th

Hope Lutheran Church Social Hall

45-900 Portola Avenue, Palm Desert

5:00 Social Hour

6:00 Dinner

Ribbe (traditional pork cut) & lingonberry jam,
Chicken breast with wild cream sauce, medisterpoelse
(white pork sausage), Rødkål (sweet, sour red cabbage),
boiled potatoes, vegetable, Pickled beets, julekake (bread)
and riskrem (rice cream) with raspberry sauce. & Assorted
Norwegian Cookies

Bring an inexpensive (~ \$15) wrapped gift, appropriate for
anyone, for a gift exchange

\$16/member

\$18/nonmember

Make checks payable to "Solskinn Lodge" and send

to: Debera Ellingboe

31-265 Faja Caballero

Cathedral City, CA 92234

Flyer on www.solskinn.org



Steinar Johansen
1820 N Mira Loma Way
Palm Springs CA 92262



around the stamp

cut 1/4 inch

for tubtrim

Save stamps